



Carson Tahoe Transitional Rehabilitation Center specializes in short-term rehabilitation and skilled nursing care, with the goal of helping patients return home with an active, independent lifestyle.

What sets us apart:

- Joint rehabilitation protocol focused on early management and regaining range of motion and strength after joint replacement surgery.
- Cardiac rehabilitation program focused on monitoring and working patients within the target intensity zone to improve cardiac response to activity.
- Gait speed training program to improve efficiency, confidence, and safety with functional ambulation in the home and community.
- High-tech rehabilitation gym with high intensity resistance training to encourage functional strength training.

Center features include:

- State-of-the-art equipment including Moveo tilt/exercise table, Pneuwalker harness system, Nustep machines, treadmills, high-low tables, electronic parallel bars, and a pressure mapping balance platform system.
- Private suites and private rooms with shared baths; each private room has their own TV, heating/air unit, and window.
- Two state-of-the-art therapy spa tubs with jets and a warming tank.
- On-site café and beauty salon.
- Spacious rehabilitation courtyard, a walking park and an outdoor patio deck with breathtaking mountain views.



Carson Tahoe Transitional Rehabilitation Center

1001 Mountain St.
Carson City, NV 89703
www.PrestigeCare.com



Prestige Care, Inc.

Call **(775) 443-4800**
for more information.