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# I AM A PERSON *with Dementia*

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Hi, My name is: \_\_\_\_\_

Things I want you to know about me:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

My brain has been affected by Dementia, I need your help and patience.

- ▶ I may not understand your words or meaning.
- ▶ I am easily confused.
- ▶ I may not be able to tell you I am in pain.
- ▶ I may struggle explaining that I need to use the bathroom, I'm hungry or I'm cold.
- ▶ I may no longer be able to read.
- ▶ I may have difficulty answering your questions.
- ▶ Unfamiliar places, people and sounds can frighten me.
- ▶ Sometimes I just need someone to hold my hand.

The word 'dementia' is an umbrella term for symptoms like memory loss, confusion and personality changes.  
It is caused by a number of diseases including:

Vascular  
Dementia

Dementia with  
Lewy bodies

Alzheimer's  
disease

Frontotemporal  
dementia

Other rarer  
diseases

*Thank you for caring for me!*



Prestige Senior Living, L.L.C.

Expressions  
Memory Care