



Forest Grove Rehabilitation and Care Center, is conveniently located just 25 miles west of Portland serving both the metro and coastal communities, specializes in high-quality short-term rehabilitation and skilled nursing care. Patients are greeted by a bright and open home-like environment. Our dedicated, 24-hour care team takes the time to honor the unique and individual needs of every patient to help them achieve optimal recovery.

## What sets us apart:

- Joint rehabilitation protocol focused on early management and regaining range of motion and strength after joint replacement surgery.
- Cardiac rehabilitation program focused on monitoring and working patients within the target intensity zone to improve cardiac response to activity.
- Gait speed training program to improve efficiency, confidence, and safety with functional ambulation in the home and community.
- High-tech rehabilitation gym with high intensity resistance training to encourage functional strength training.
- Strong, positive presence and reputation in the community.
- Recently remodeled facility with private rooms, private bathrooms, and state-of-the-art rehabilitation equipment.
- Multiple outdoor courtyards and plenty of parking for visitors.



## Forest Grove Rehabilitation and Care Center

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Prestige Care, Inc.

Call **(503) 359-0449**  
for more information.