

Preparing for your Stay: What to bring?

- Health insurance cards
- Advance directives and any other pertinent records (Durable Power of Attorney, Guardianship papers)
- Emergency contact information
- Three to five sets of loose, comfortable clothes that are easy to get into and remove
- One pair of comfortable walking shoes
- Undergarments
- Pajamas and slippers
- Comfortable coat or jacket
- Any splints, braces, orthotics, and customized equipment — like a wheelchair — that you use at home
- Personal items such as glasses, dentures, and hearing aids
- Address book and/or personal phone book
- Activities that you enjoy such as books, games or cards
- Cell phone and cell phone charger
- Items that make you feel more comfortable, such as your own:
 - Toothbrush - Toothpaste - Hairbrush
 - Makeup - Pillow

Leave your valuables, large amounts of cash & medications at home – as your medications may have changed since your hospital stay.

