

What's it like to live at Prestige Senior Living?

When it comes to senior living, many people default to the three Bs: Bingo, bus rides and Bible study. But at Prestige, there's fashion shows, ladies' night out and singing competitions. Or if those don't capture your interest, how about car parades, rodeos and happy hours?

Life at Prestige can be whatever you make it to be – if you're happy playing Bingo, we have that too. But we're here to be your partners in active aging, which means you can partake in as much activity as you want, or slow down and relax if that's what you prefer.

At Prestige, it's all about choice, after all, you've earned it!

Your Partners in Active Aging With Celebrations

Our residents in independent living and assisted living enjoy our popular Celebrations wellness program. Celebrations embraces a philosophy of healthy, fulfilled living to foster happiness and longevity among our residents.

It's built on six elements: Make New Friends, Live Better, Express Yourself, Expand Your Mind, Make a Difference and Enjoy Life.

Each day at every Prestige community there is programming based around at least one of those categories.

Certified Experts to Help You Stay Fit

Prestige is dedicated to the health and well-being of each of our residents. Every newcomer to Prestige undergoes a physical assessment and is then directed to appropriate fitness classes. Our staff, including certified wellness coaches, works with residents to create fitness programs that best serve them, along with group activities.

Our Energize Exercise program is a combination of both seated and standing exercises, led by qualified instructors who can help our residents achieve greater health. We also have fall reduction classes designed to keep our residents safe, and Ageless Grace®, a popular program improving the health of both body and brain. Of course, sometimes the exercise is just plain fun – like Wii bowling or beanbag baseball!

Award-Winning Memory Care with Expressions

At Prestige, we understand the emotional and physical toll of caring for someone with Alzheimer's Disease or dementia, and we are here to help. Expressions is our wellness program for our memory care residents.

Expressions incorporates the latest research and information on dementia care to keep residents active and engaged. It's built on five elements: Healthy Expressions, Artistic Expressions, Spiritual Expressions, Tasty Expressions and Educational Expressions.

Expressions uses innovative care techniques and life enrichment programming to provide people with dementia and their families an environment in which the individual can live a productive and active life and be treated with dignity and respect.

Prestige's Team is Here for You

Our teams at Prestige Senior Living communities strive to bring an ever-changing and exciting calendar of events to our residents. Our communities feature wellness coaches, life enrichment directors, community relations directors and executive directors, who work together to create programming that brings fun, meaning and purpose to our residents.



Prestige Care, Inc.
Prestige Senior Living, L.L.C.

No More Cooking and Cleaning

Our Prestige communities serve three restaurant-quality meals per day in our dining rooms. The menu is nutritious, delicious and always changing, and prepared by experienced chefs with backgrounds in high-end hospitality.

We are also sensitive to allergies and special dietary needs – our team works with our residents to ensure their individual needs are met.

For our memory care residents, we take special steps to ensure that they are getting the healthy food they need. For example, many of our memory care communities use dishes with distinct colors so that residents can more easily see the food.

Convenience is Key

The ease of living at Prestige extends past cooking to just about every other aspect of daily living. At Prestige, we take care of all the housekeeping, linens, repairs and other inconveniences that can sometimes add up.

So if you happen to find that a sink is dripping, you don't need to worry about calling around to different plumbers to get bids and then waiting for them to show up – our team handles everything quickly and easily so that you don't have to worry about it.

From our personal care attendants to our maintenance teams, we're here to handle all the details so that you can instead stay busy doing the things you want to do.

Life is Better With Friends

One of the great things about moving to a Prestige community is developing a whole new social circle. There's a whole new group of people at our communities just waiting to meet you and welcome you to your new home.

As you get to know new people and make new friends, you'll find that one of the great advantages is how easy it is to make plans. So, if you and your friends want to play cards, watch a movie or go for a walk, it's easy to get the gang together and make it happen!

Personalized Care at Prestige

We don't take a one-size-fits-all approach to caring for our residents. We take the time to get to know you and work closely with you and your family to ensure you're getting the best possible care with us.

For instance, every new resident at Prestige takes an individual health assessment upon moving in, and then is directed into an appropriate fitness class. We also tailor cognitive care to your specific needs and ensure your medication regimen is updated and clear.

We're here to allow you to enjoy all that senior living has to offer on your terms.

